



COVID-19 Scenario Breakdown



What are the symptoms?

High temperature

This means you feel hot to touch on your chest or back (you do not need to measure your temperature, although if you do it would be 37.8°C or above).

A new, continuous cough

This means coughing for over an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).

Loss or change to your sense of smell or taste

This means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

What are the different scenarios?

COVID-19 is affecting everyone in different ways, and it's not always clear what steps you need take, this guide shows a number of different scenarios and what action you need to take for each one.

You can go directly to each scenario by clicking on the red text.

Scenario 1: you are displaying symptoms at home

Scenario 2: someone in your household develops symptoms

Scenario 3: you start displaying symptoms at college

Scenario 4: a member of staff or student within your class or office is sent home or self- isolating because they are displaying symptoms

Scenario 5: you have been in close contact with someone symptomatic



COVID-19 contact details

Call: 0113 222 6073 **Email:** CV19@lcb.ac.uk

Scenario 1: you are displaying symptoms at home

Do not attend any College campus

Please contact the College on the COVID-19 number to let us know you are displaying symptoms: 0113 222 6073



Your household needs to isolate

this includes anyone else who lives in your house, parents, children, other family members, fellow students



Call: 119 or visit: www.nhs.uk/coronavirus to arrange a test



Negative test result

household stops isolating and you can return to College.

Please contact the College on the COVID-19 number to let them know the test result: 0113 222 6073

Positive test result

you must continue to isolate for 10-days, and everyone else in your household needs to isolate for 10-days from the start of your symptoms.

Please contact the College on the COVID-19 number to inform us of your test result: 0113 222 6073



No temperature in the last 48 hours of isolation

you can stop isolating and return to college. Please note that your household must complete the full 10-day isolation period

High temperature still remains after isolation period

if you are still experiencing a high temperature after the 10-day isolation period do not come back to College, call: 111 or visit: www.nhs.uk/coronavirus for further advice

Scenario 2: someone in your household develops symptoms

Do not attend any College campus

Please contact the College on the COVID-19 number to let us know you are self-isolating: **0113 222 6073**



Your household needs to isolate

this includes anyone else who lives in your house, parents, children, other family members, fellow students.



Call: 119 or visit: www.nhs.uk/coronavirus to arrange a test for the person with symptoms



Negative test result

your household can stop isolating and you can return to College.
Please contact the College on the COVID-19 number to let them know the test result: **0113 222 6073**

Positive test result

the infected person must continue to isolate for 10-days, and everyone else in your household needs to isolate for 10- days from the start of their symptoms. Please contact the College on the COVID-19 number to inform us of their test result: **0113 222 6073**



No symptoms after isolation period

if you don't experience symptoms during the 10 -day isolation period, you can return to College

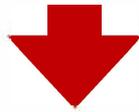
Symptomatic after isolation period

if you develop symptoms during the 10 -day isolation period please refer to scenario 1

Scenario 3: you start displaying symptoms at College

Check your symptoms match those on page one

if they do, inform your lecturer or manager immediately and leave college premises. The manager or lecturer must call the COVID-19 telephone number: 0113 222 6073 with all the details.



Your household needs to isolate

this includes anyone else who lives in your house, parents, children, other family members, fellow students.



Call: 119 or visit: www.nhs.uk/coronavirus
to arrange a test



Negative test result

your household can stop isolating and you can return to College.
Please contact the College on the COVID-19 number to let them know the test result: 0113 222 6073



Positive test result

you must continue to isolate for 10-days, and everyone else in your households needs to isolate for 10-days from the start of your symptoms.

Please contact the College on the COVID-19 number to inform us of your test result: 0113 222 6073



No temperature in the last 48 hours of isolation period

you can stop isolating and return to College. Please note that your household has to complete the full 10-day isolation period.



High temperature after isolation period

if you are still experiencing a high temperature after the 10-day isolation period do not come back to College, call: 111 or visit: www.nhs.uk/coronavirus for further advice

Scenario 4: a member of staff or student within your class or office is sent home or is self-isolating because they are displaying symptoms

Continue as normal

unless the College advises you differently.
The symptomatic staff member or student will be advised to isolate for 10-days and get a test, and everyone else in their household for 14-days from when symptoms started



Negative test result

the staff member or student can return to College and their household no longer needs to isolate

Positive test result

if the staff member or students tests positive, a member of the College Team will contact you and let you know if you need to self-isolate. If you are asked to self-isolate, the rest of your household do not need to unless you develop symptoms



If you start to display symptoms (see page one) please arrange a test:



Negative

you need to continue the 14-day isolation period as you may still develop symptoms

Positive

Start a 10-day isolation, and your household will now need to self-isolate for 14 days.

Please contact the College on the COVID-19 number to inform us of your test result:
0113 222 6073

Scenario 5: you have been in close contact with someone symptomatic

Does the symptomatic person live with you or attend College with you?



No

You do not need to isolate unless you are contacted by the Test and Trace system, either by the app, or by a contact tracer by phone, email or text.

If you are contacted by the test and trace system you must inform the College on the COVID-19 number: **0113 222 6073**.

If symptoms develop please follow the steps in scenario 1.



Yes

If you live with them, please refer to scenario 2.

If you attend College with them, please refer to scenario 4.



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